



Keeping homes and cars smoke-free for kids.

PROTECT YOUR CHILD TAKE THE PLEDGE

Smoke Free Home and Car Pledge

I, _____,
pledge to protect children from
secondhand smoke by making my
home and car smoke free. There is no
safe amount of secondhand smoke.

Date: ____/____/____

For more information about maintaining smoke free homes and cars go to:

AreYouDoingEnoughNM.com

Source:
The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General, 2006
The Health Consequences of Smoking 50 Years of Progress: A Report of the Surgeon General, 2014

NEW MEXICO
DEPARTMENT OF
HEALTH